



EMPATHY
SCHOOL

**WELCOME TO
EMPATHY
WINTER CAMP**



EMPATHY
SCHOOL

Welcome To
EMPATHY
WINTER CAMP

Here are the friendly group rules and important information

- 1** Camp time is from 9 AM to 3 PM. Let us all be punctual to keep the fun going
- 2** Remember to pack towels, swimwear, extra clothes, water bottles, a hat, sunblock, raincoat, and healthy vegan snacks
- 3** If you have any suggestions to improve the camp, please speak directly with the office team during Drop-off and pick-up times.
- 4** Embrace the adventure and expect some muddy fun as we explore nature together. Remember, "The mud will wash off, but the memories will last a lifetime."
- 5** For after-hours communication, please only contact the General Office number in case of emergencies. +62 812-3862-2573

If you would like to pack **extra snacks**, here is the general guideline:

WHAT NOT TO PACK

No sugary foods, including but not limited to, candy, chocolates, store-bought cookies and crackers, processed snacks, cereal, pastries, donuts, sugary pancakes, animal products, sugary beverages, etc. Also please be mindful when packing nuts as we do have some kids that have nut allergies and they might want to share without realizing. We are trying to build a zero-waste campus, please do not bring any single-use plastic packages to the campus. (Lunchboxes are recommended if you want to pack

WHAT TO PACK

Fresh fruits, vegetable sticks with hummus, homemade plant-based cookies, and bread etc. Let us maintain a healthy and zero waste environment together.

Greetings!

Welcome to the Winter Camp at Empathy School Bali, where education meets nature, creativity, and holistic development. Our program is designed to inspire students through hands-on learning experiences, fostering a deep connection with the environment and nurturing their individual talents. Discover the Winter Camp Program at Empathy School Bali, where children's education intertwines with the wonders of nature, igniting creativity and fostering holistic development.

Winter Camp Overview

Winter Camp offers a diverse range of activities that focus on Social Emotional Learning, Nature and Science Activities and Arts (2D and 3D), including wood carving, painting, drawing, music, metallurgy, and ceramics. The camp is designed to spark curiosity and creativity, allowing children to explore new skills and develop a meaningful connection to the world around them.

Camp Duration with Flexible Scheduling

The camp spans two weeks during the winter holiday season, with the flexibility for children to register for just one week. This allows families to select the best timing for their schedules while ensuring each camper has a fulfilling and enriching experience.

An Inclusive, Age-Diverse Environment

Children are not divided into strict age groups. Instead, the camp creates an inclusive environment where participants of varying ages (3 to 12) engage, learn, and play together. This approach fosters collaboration and allows older campers to support and mentor younger ones, enhancing the learning experience for all.

Accommodation For Varying Language and Skill Levels

Children's English proficiency or literacy will not be a barrier. The camp activities are thoughtfully designed to accommodate all skill levels, ensuring every child feels confident, comfortable, and engaged throughout their time at the camp.



General Conduct

1. **Respect for Nature:** Treat all plants, animals, and natural resources with care and respect. Do not pick plants, disturb wildlife, or damage natural habitats.
2. **Respect for Others:** Be kind and courteous to fellow students, staff, and visitors. Listen when others are speaking and collaborate positively during group activities.
3. **Follow Instructions:** Adhere to the instructions given by staff and guides at all times. This ensures safety and maximizes the learning experience.
4. **Safety First:** Stay with your group at all times. Do not wander off alone. Report any injuries or hazards to a staff member immediately.
5. **Appropriate Behavior:** Maintain good manners and appropriate behavior. No running, shouting, or disruptive conduct is allowed. No bullying (verbal and non-verbal).

Environmental Responsibility

1. **Leave No Trace:** Clean up after yourself. Dispose of trash properly in designated bins. Recycle when possible.
2. **Minimize Waste:** Use resources wisely. Avoid wasting water, paper, and other materials.
3. **Eco-Friendly Practices:** Use reusable water bottles and lunch containers. Avoid single-use plastics.

Participation and Engagement

1. **Active Participation:** Engage fully in all activities. Ask questions, contribute ideas, and participate in discussions.
2. **Curiosity and Learning:** Approach each activity with an open mind and eagerness to learn. Be curious about the natural world and the topics being covered.
3. **Respect for Tools and Equipment:** Handle all program materials, tools, and equipment with care. Return them to their proper places after use.

Dress Code and Personal Items

1. **Appropriate Attire:** Wear comfortable, weather-appropriate clothing and sturdy shoes suitable for outdoor activities. Hats and sunscreen are recommended for sun protection.
2. **Personal Items:** Keep personal belongings to a minimum. The program is not responsible for lost or stolen items. Use lockers or designated areas for storage if provided.
3. **Electronic Devices:** Use of electronic devices is restricted during program activities. Phones and tablets should be put away unless otherwise instructed by staff.



Health and Well-being

1. Hydration and Nutrition: Bring a reusable water bottle and stay hydrated. Pack nutritious snacks and meals that do not require refrigeration.
2. Medication and Allergies: Inform staff of any medical conditions, allergies, or medications needed during the visit. Carry necessary medications and emergency contacts.
3. Physical Readiness: Ensure you are in good physical condition for outdoor activities and inform staff of any health concerns or limitations. If you experience symptoms of fever, rash, or a contagious disease, please stay home and visit a clinic immediately. A doctor's note for clearance is required to return to school. If students are absent due to illness for more than three days, the camp fee can be credited towards the next camp with a clear, honest, and respectful written agreement and a doctor's note on file.

Positive Behavior Guidelines:

1. Practice good manners and use kind words like "thank you," "excuse me," and "please."
2. Keep our environment calm by walking and speaking softly during class time.
3. Treat everyone with respect—bullying of any kind is strictly prohibited. Physical infractions will result in immediate removal from the program.
4. When conflicts arise, approach them with a positive attitude and resolve them peacefully. Support from peers or teachers is always available.

Consequences for Rule Violations:

1. Verbal Warning: Minor infractions will result in a verbal warning and a reminder of the rules.
2. Parental Notification: Continued or serious violations will result in a call to parents or guardians and potential removal from the program.
3. Removal from Program: Severe or repeated infractions may lead to immediate removal from the program. Parents or guardians will be contacted to arrange pick-up.

Please note that pick-ups after 15:10 will incur a late fee of 100,000 IDR/child, which can be settled at the guardian post upon your arrival.

Thank you for your cooperation and commitment to making the Winter Camp a positive and educational experience for everyone. Enjoy your time with us and the wonders of the natural world!



WEEK 1 (30 Dec – 3 Jan)

MONDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Pack For Camp
09:40 - 10:20	Kids Game: Winter Theme Board Games
10:20 - 10:40	BREAK
10:40 - 11:20	Super Senses Nature Out: New Year Wishing Wand
11:20 - 12:00	Mud Water Party: Water Party (small pond/pool)
12:00 - 13:00	LUNCH
13:00 - 13:40	Visual Art: Painting (Salt Painting)
13:40 - 14:30	Picnic Time Food Awareness (The power of plants): Fruit Salad
14:30 - 15:00	Connection & Story Time: Reading Story



TUESDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Beauty of Bali
09:40 - 10:20	Culture Immersion: Getting ready and depart to "Tirta Empul"
10:20 - 10:40	BREAK
10:40 - 11:20	Temple Visit Go around the temple, visit fish pond and holy water pond
11:20 - 12:00	Temple Visit <i>Melukat Ceremony</i>
12:00 - 13:00	LUNCH
13:00 - 13:40	Music & Visual Art Sing and Play: "Curik – Curik" and "Meong – Meong"
13:40 - 14:30	Cooking class: "Pisang Rai"
14:30 - 15:00	Connection & Story Time: Reading Story



WEDNESDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Super Hero
09:40 - 10:20	Cleaning Pathway
10:20 - 10:40	BREAK
10:40 - 12:00	3R's (Reduce, Reuse, Recycle)
12:00 - 13:00	LUNCH
13:00 - 14:30	Music & Visual Art
14:30 - 15:00	Connection & Story Time: Reading Story



THURSDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Nature Awareness
09:40 - 10:20	Gardening: Planting Onions
10:20 - 10:40	BREAK
10:40 - 11:20	My Animal Friends: Chicken Introduction
11:20 - 12:00	My Animal Friends: Visit Chicken Coop
12:00 - 13:00	LUNCH
13:00 - 13:40	Natural Craft: Nature People
13:40 - 14:30	Water Play: Swimming
14:30 - 15:00	Connection & Story Time: Reading Story



FRIDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Celebration Day
09:40 - 10:20	Cookery (Drink): Mango Milk
10:20 - 10:40	BREAK
10:40 - 12:00	Cookery (Food): Avocado Chocolate Cake
12:00 - 13:00	LUNCH
13:00 - 14:30	Mud Water Party: Water Play and Mud Party
14:30 - 15:00	Flower Shower



WEEK 2 (5 Jan – 9 Jan)

SUNDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Pack For Camp
09:40 - 10:20	Kids Game School Tour: Harvesting Coconuts
10:20 - 10:40	BREAK
10:40 - 11:20	Super Senses Nature Out: Harvest flowers around the school
11:20 - 12:00	Mud Water Party: Water Party (small pond/pool)
12:00 - 13:00	LUNCH
13:00 - 13:40	Visual Art: Make Flower Necklace
13:40 - 14:30	Picnic Time Food Awareness (The Power of Plants): Make coconut drink with maple syrup and lime
14:30 - 15:00	Connection & Story Time: Reading Story



MONDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Wonderful Bali
09:40 - 10:20	Culture Immersion: Make <i>Canang</i>
10:20 - 10:40	BREAK
10:40 - 12:00	Culture Immersion: Make little <i>Penjor</i>
12:00 - 13:00	LUNCH
13:00 - 13:40	Music and Visual Art: Learn Balinese Dance
13:40 - 14:30	Creative Play: Cook "Banana Sumping"
14:30 - 15:00	Connection & Story Time: Reading Story



TUESDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Super Hero
09:40 - 10:20	Cleaning Pathway: Health Awareness
10:20 - 10:40	BREAK
10:40 - 12:00	3R's (Reduce, Reuse, Recycle)
12:00 - 13:00	LUNCH
13:00 - 14:30	Music & Visual Art: Doctor Simulation
14:30 - 15:00	Connection & Story Time: Reading Story



WEDNESDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Nature Awareness
09:40 - 10:20	Gardening: Making mini garden
10:20 - 10:40	BREAK
10:40 - 11:20	My Animal Friends: Learn about winged friends (making butterfly)
11:20 - 12:00	My Animal Friends: Chicken dance, feeding the chickens
12:00 - 13:00	LUNCH
13:00 - 13:40	Natural Craft: Flower crown or bouquet
13:40 - 14:30	Water Play: Swimming
14:30 - 15:00	Connection & Story Time: Reading Story



THURSDAY

TIME	ACTIVITY
09:00 - 09:40	Morning Routine: Celebration Day
09:40 - 10:20	Cookery (Drink): <i>Es Buah</i> (Optional; if it rains, Cinnamon Tea)
10:20 - 10:40	BREAK
10:40 - 12:00	Cookery (Food): Banana Pancake
12:00 - 13:00	LUNCH
13:00 - 14:30	Mud Water Party: Water Play and Mud Party
14:30 - 15:00	Flower Shower



WELCOME TO BALI

Bali is such a vibrant and diverse destination. Bali offers a plethora of fun family activities blending adventure, wildlife encounters, and cultural experiences. Here are some recommendations along with their locations:

1. Ubud Monkey Forest: Located in Ubud, this sanctuary is home to over 700 Balinese long-tailed monkeys. It is an adventure for kids to wander through the forest and interact with these playful creatures.

2. Waterbom Bali: Situated in Kuta, Waterbom is one of Asia's top water parks, offering thrilling rides and slides suitable for all ages. It is a fantastic way to cool off and have some adrenaline-pumping fun.

3. Tegallalang Rice Terraces: Near Ubud, these iconic terraces provide a glimpse into Bali's agrarian life. Families can take a leisurely stroll through the lush green fields, learn about traditional rice farming, and even try their hand at planting rice.

4. Mount Batur Sunrise Trek: For adventurous families with older kids, a pre-dawn trek up Mount Batur in Kintamani offers breathtaking views of the sunrise over the island. It's a challenging yet rewarding experience.

5. Tanah Lot Temple: Located in Tabanan, this picturesque sea temple is perched on a rock formation and offers stunning sunset views. Families can explore the temple grounds and learn about Balinese Hindu culture.

6. Bali Treetop Adventure Park: Located in Bedugul Botanical Garden, this park offers a range of thrilling treetop challenges suitable for all ages. It is a great way to experience Bali's natural beauty from a different perspective.

7. Balinese Cooking Class: Engage the whole family in a Balinese cooking class where you can learn to prepare traditional dishes together. It is a delicious and educational experience.

8. Snorkeling or Glass Bottom Boat Tours: Explore Bali's vibrant underwater world by going snorkeling or taking a glass-bottom boat tour. You will encounter colorful coral reefs and tropical fish, providing an unforgettable experience for the whole family.

These activities offer a diverse range of experiences that blend adventure, wildlife encounters, and cultural immersion, ensuring a memorable family vacation in Bali. Remember to consider the ages and interests of your family members when planning activities, and do not forget to take plenty of photos to capture your Bali adventures.



PLEASE ENJOY YOUR TIME HERE

We look forward to see you in the camp,
If you have any questions, please contact the following numbers:

PIC: Ms. Yudi Setyaningsih (+62 821-3258-8777)
Admission Team (+62 812-3862-2573)

Jl. Empathy, Pejeng Kangin No.8 Pejeng Kangin, Kabupaten, Kec.
Tampaksiring, Kabupaten Gianyar, Bali 80552

